

# WHAT'S UP, DACH?

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Issue 11

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## HOT News

### New policy for ID Badges

MEDDAC ID badges must now be worn at the bottom left collar, or at mid-chest level if the badge is worn on a chain. MEDDAC Reg. 670-1 has the guidelines for the new policy. It can be found on the MEDDAC Pubs web site.

## MEDDAC Happenings

### Inaugural MEDDAC Golf Tourney

Feb. 19 is the deadline to sign up for the MEDDAC Golf Tournament, hosted by Col. Kasperik.

All proceeds will benefit the MEDDAC Holiday Ball.

The tournament will take place Feb. 26 with a shotgun start at 9 a.m. at the Clear Creek Golf Course. The tournament is open to the public. The entry fee is \$25 and includes cart and greens fees.

Please send your name, home and work phone numbers and email address to Capt. Soo Davis by email or phone at 288-8744. Also indicate if you will be playing in a foursome.

The rainout date is Mar. 13. All civilian and contract employees must take leave to participate.



## Commander's Corner



Darnall Staff,

We've had a very busy month here at Darnall. Our ER treated over 300 patients in one night; we had over 100 patients admitted in a single day and our pharmacy filled over 5,500 prescriptions in just one day. These are amazing figures, and the fact that you did all this hard work with professionalism and integrity proves to me that this is truly the Number 1 health care system in the Department of Defense.

I know that you've all been working hard to fill in for our deployed team members and to accommodate the increased workload. We need to continue to work as a team to get the mission accomplished. I am proud of the way we've pulled together in the last month and worked harder than ever to ensure our patients receive excellent health care.

Don't forget to take care of yourself, too. You are an important part of this team and it's important that you are in top shape to complete the mission. Take time to assess both your needs and your family's needs. Remember to eat healthy and exercise to keep your mind and body strong.

Theodore Roosevelt once said, "Far and away the best prize that life offers is the chance to work hard at work worth doing." The tremendous volume of patients and the excellent care they've received proves we are working hard. I can assure this is work worth doing.

Thanks for all your hard work.  
Hooah!

-Col. Donald J. Kasperik

# Training Opportunities

## **Alcohol and Drug Abuse Awareness**

Alcohol and Drug Abuse Awareness training will be held Feb. 13 from 8-9 a.m. at the Civilian Personnel Training Center, building 4335. Please contact Mr. Olivencia at 287-2437 or 287-6702 to register.

## **Safety and the Manager Course**

The next course is Feb. 20 from 8 a.m. to 4 p.m. in building 36001, room 158. To reserve a slot, contact the Safety Office at 288-8477.

## **Stress Management Course**

This one-day course is designed to uncover the hidden sources of stress in your life. It will be offered Feb. 21. Civilian government employees have first priority; others may attend pending space availability. The cost is \$25 per person paid with the IMPAC card. To register, contact Jeannie Drayton at 286-7238.

## **Consideration of Others Classes**

A CO2 class titled, "Communicating with the Hearing Impaired," will be held Feb. 27 from 9-11 a.m. in the hospital auditorium. Please contact Sgt. 1<sup>st</sup> Class Graham at 286-7180 for more information. CO2 credit will be awarded to attendees.

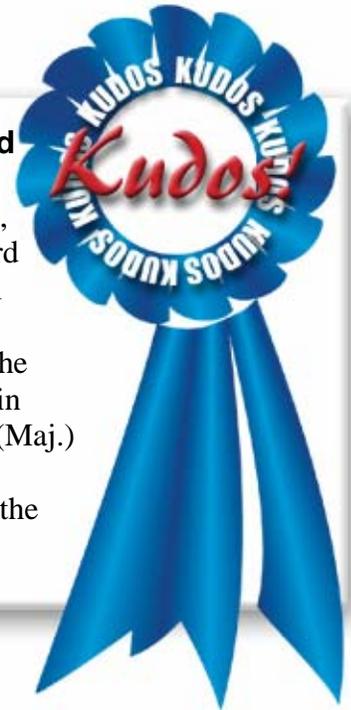
## **CSRS Pre-Retirement Planning Course**

Many questions arise as employees look toward retirement. This seminar discusses employee federal benefits program in depth. The course will be held Feb. 28 and is limited to 45 people. The cost is \$22.44 per person. For more information, contact Jeannie Drayton at 286-7238.

## **Asthma program wins award**

DACH Asthma Information And Resources, or DACH A.I.R., won a Circle of Excellence Award from Glaxo SmithKline for Total Patient Management.

The award was presented at the National TRICARE Conference in Washington, DC last week. Dr. (Maj.) James Curlee, program director, received the award. Congrats to the Asthma Advisory Committee.



## *Did You Know?*

### **Hometown News Release Program**

The Army Hometown News Release program is designed to let your friends and family members know what you've been doing for the Army. If you've recently been promoted, received an award or if you've done something great and want your loved ones to see it in your hometown paper, stop by the Public Affairs Office, room 1049 to fill out a form. All forms are submitted to the Hometown News Release Office in San Antonio and can appear in your local paper in three to six weeks. For more information, contact Amy Stover at 286-7954.

### **Web Site for Approved Wear of Military Uniforms**

FORSCOM has a web site for uniform wear. Click on [www.forscom.army.mil/ocie/loose\\_threads.htm](http://www.forscom.army.mil/ocie/loose_threads.htm) for more information.

### **Bereavement Support Group Training**

The Dept. of Ministry and Pastoral Care offers training in the healing process after a loss due to miscarriage, ectopic pregnancy, stillbirth, SIDS, illness or disease. The next training session is March 25-26. Contact Chaplain Kirk at 288-8847/8849 for info.