

VA PHYSICAL PROCESS

SMRC # (254) 285-6232/6645/6266

1. IN ORDER FOR YOU TO GET A VA/DOD EXAM COMPLETED, PRIOR TO YOUR PERMISSIVE TDY DATE, TERMINAL LEAVE DATE OR RETIREMENT DATE YOU MUST LEAVE YOURSELF ENOUGH TIME TO MAKE TWO COPIES OF YOUR MEDICAL RECORDS AND ATTEND ONE MANDATORY SCHEDULED VA CLAIMS BRIEFING AND ONE MANDATORY WALK-IN RECORDS SCREENING. IN ACCORDANCE WITH PARA 8-24 OF AR 40-501 RETIREMENT EXAMS ARE MANDATORY AND WILL BE COMPLETED PRIOR TO GETTING OUT OF THE MILITARY. IF YOU DO NOT HAVE THE REQUIRED TIME TO COMPLETE THE VA/DOD EXAM REPORT TO YOUR LOCAL TMC FOR SLOTS AVAILABLE TO DO PART II OF YOUR RETIREMENT PHYSICAL. IF YOU HAVE COMPLETED YOUR RETIREMENT PHYSICAL AND ARE STAYING IN THE AREA AND WANT TO GET A VA PHYSICAL YOU WILL THEN REPORT TO ROOM 308-A, HAVE YOUR RECORDS SCREENED AND THE COUSELORS WILL SEND YOU TO SEE THE VA CLERKS TO SCHEDULE A QUICK START PHYSICAL AT THE VA HOSPITAL IN TEMPLE. IF YOU DO NOT HAVE THE ALLOTTED TIME TO COMPLETE A VA PHYSICAL PRIOR TO LEAVING THE MILITARY YOU CAN REPORT TO YOUR REGIONAL VA OFFICE TO SCHEDULE A VA PHYSICAL. IF YOU HAVE ENOUGH TIME TO DO THE COMBINED VA/DOD PROCEED WITH LINE 2.
2. STOP BY THE ACAP CENTER, LOCATED ON THE 3RD FLOOR OF THE (**COPELAND CENTER**, BLDG 18010) TO BE PUT ON THE SCHEDULE TO ATTEND THE VA DISABILITY BRIEFING, ROOM #110.
3. ATTEND THE VA DISABILITY BRIEFING (**COPELAND CENTER**, BLDG 18010) PRIOR TO PART 1 PHYSICAL OR AFTER THE PART 1 PHYSICAL.

MONDAY'S AT 1245 HRS OR EVERY OTHER **MONDAY** AT 0900, 1ST FLOOR, ROOM #110 (YOU DO NOT NEED YOUR PART I RESULTS TO ATTEND BRIEFING).

4. RETURN TO THE **COPELAND CENTER**, 3RD FLOOR, **ROOM 308-A** (VA SECTION) WITH **A COPY OF YOUR MEDICAL RECORDS AND THE VA CLAIMS FORM**, WHICH YOU RECEIVED DURING YOUR INITIAL VA DISABILITY BRIEFING. (YOU WILL BE PROVIDED ASSISTANCE IN FILLING OUT THE CLAIMS FORM). THIS IS DONE ON A WALK-IN BASIS BETWEEN THE HOURS OF 0800 – 1100 & 1300 – 1500. (YOU DO NOT NEED YOUR PART 1 PHYSICAL PACKET OR RESULTS TO ATTEND THIS BRIEFING).
5. RETURN TO THOMAS MOORE HEALTH CLINIC, **ROOM B087** (MRS. HARDY) TO PICK UP PART I PACKET. **DO NOT STOP AT THE SMRC FRONT DESK.**

NOTE:

*** PRIOR TO PICKING UP PART I PACKET:**

LABS FOR PERSONS UNDER 40 MUST BE COMPLETED
LABS, SERACULT CARDS (STOOL CARDS), EKG'S AND CHEST X-RAYS FOR PERSONS 40+
MUST BE COMPLETED

*** MRS. HARDY (RM B087) HOURS OF OPERATION:**

0800 – 1100 Hours (Mon – Thur)
1300 – 1500 Hours (Mon – Thur)
0800 – 1100 Hours (Friday)

6. PROCEED TO **ROOM B093** (MRS. HOLMAN) **OR B095** (MS. JONES) **TO SCHEDULE YOUR COMBINED VA/DOD PHYSICAL**. SIGN IN ON THE CLIPBOARD ON THE WALL UNDER THE VETERANS AFFAIRS SIGN; YOU MUST HAVE IN YOUR POSSESSION THE COMPLETED VA CLAIMS FORM AND YOUR PART I PHYSICAL RESULTS. **DO NOT STOP AT THE SMRC FRONT DESK.**