

Media Release

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First area baby of 2014 born at CRDAMC

By Brandy Gill, CRDAMC Public Affairs

FORT HOOD, Texas –Spc. Justin Newman and his wife Sabrina Newman won't soon forget their 2014 New Year's celebration because just 16 minutes after midnight they welcomed their first child, a boy, into the world.

Fisher Alan Newman, the first baby born in the Bell County area in 2014, weighed in at 7 pounds, 9 ounces and was 19 ¾ inches, Maj. Brenda Ploof, Carl R. Darnall Army Medical Center labor and delivery clinical nurse and officer in charge, said.

Little Fisher wasn't due until Jan. 21, but his parents said when Sabrina Newman came in to get some medication for a cold on Dec. 30, she was told she was staying until she delivered.

"They told me well, you're already three centimeters dilated so we're going to admit you. I was like, okay. I guess I can't say no now," she said.

Spc. Newman, a Soldier with 410 MP Co., 720th MP Bn., 89th MP Bde., said it was at that point the couple called Marcella Hardy, Mrs. Newman's mother who lives in Wilmington, N.C., to let her know her grandson was on the way.

"I got the call, and I immediately started looking for flights. It took two flights, and I got here at about 6 p.m. on the 31st. He waited for me," Hardy said.

According to Newman labor lasted about 10 ½ hours, and it was a life-changing experience he'll never forget.

"This was the coolest thing I have ever been a part of. The nurses let me help out. Nothing will ever be able to compare to this experience," he said.

Hardy said it was a very special experience for her as well.

"As a mother, watching your child give birth is the most humbling experience. To hear her call Fisher's name after he was born – it was just amazing to me. I'm very proud of her," she said.

Shortly after birth, Fisher was moved to the CRDAMC Neonatal Intensive Care Unit for monitoring due to some breathing problems associated with labor, and although the Newman's may go home before their son they are waiting patiently for him to be ready to join them.

"I want to take him home," Sabrina Newman said. "I'm ready to get our little family started."



CRDAMC 1st baby of 2014

Fisher Alan Newman, first child of Spc. Justin and Sabrina Newman, was born Jan. 1 at 12:16 a.m., weighed 7 pounds 9 ounces and was 19 3/4 inches long (Photo by CRDAMC Public Affairs).



CRDAMC 1st baby of 2014 pic 2

Justin Newman kisses his new born son, Fisher Alan Newman, who is being monitored in the Carl R. Darnall Army Medical Center Neonatal Intensive Care Unit following his birth. Fisher was the first baby born in 2014 in the Bell County area (Photo by CRDAMC Public Affairs).



CRDAMC 1st baby of 2014 pic 3

Spc. Justin Newman, a Soldier with 410 MP Co., 720th MP Bn., 89th MP Bde., and his wife, Sabrina Newman, both of Wilmington, N.C., walk to the CRDAMC NICU after the birth of their first child, Fisher Alan Newman (Photo by CRDAMC Public Affairs).



CRDAMC 1st baby of 2014 pic 4

From left: Justin Newman, Sabrina Newman and Marcella Hardy receive gifts from Maj. Brenda Ploof, the CRDAMC labor and delivery clinical nurse and officer in charge following the birth of Fisher Alan Newman, the first baby born in 2014 at CRDAMC (Photo by CRDAMC Public Affairs).



CRDAMC 1st baby of 2014 pic 5

Justin and Sabrina Newman talk while Marcella Hardy visits her grandson in the Carl R. Darnall Army Medical Center Neonatal Intensive Care Unit (Photo by CRDAMC Public Affairs).