

Department of Pathology



INSTRUCTIONS

Stool Occult Blood Test

Patient Preparation:

- **NO** special dietary restrictions are required for this test.
- Do not collect more than one specimen per day.
- Patients should not collect samples three days before, during or three days after their menstrual period.
- Patients should not collect samples if they have bleeding hemorrhoids, blood in their urine, open cuts on their hands, or if they have strained during their bowel movement (straining during bowel movement can cause bleeding).

Specimen Collection Instructions:

- Collect one specimen a day during three (3) consecutive days.
Note: Some patients do not have daily bowel movements. If unable to have a bowel movement each day of three consecutive days, patients should collect the three specimens in three consecutive bowel movements not to exceed a ten day period.
- Use one card for one bowel movement per day.
- Follow the collection instructions on the inside of the Patient Screening Kit.
- Label each card with patient's **Full Name (First M. Last)** and **date of birth (DD/MMM/YYYY)**, **Physician's Name**, and **Collection Date**.
- Place the cards inside the specimen transport bag and keep in a cool place.
- Take the three cards to the Laboratory within 10 days after the first card is collected. Do not store the specimen cards for more than 14 days.