

BLOOD DONOR PRE-ELIGIBILITY

TRAVEL RESTRICTIONS

Country/Region	Donation Restriction
Iraq, Afghanistan and other malaria or Leishmania-endemic areas, less than 5 consecutive years	12-month deferral upon return
Iraq, Afghanistan and other malaria or Leishmania-endemic areas, more than 5 consecutive years	3-year deferral upon return
England from January 1980 – December 1996 for greater than 3-months (cumulative)	Deferred from donating indefinitely
Europe and Saudi Arabia from January 1980 – December 1996 for greater than 6-months (cumulative) for DoD Personnel	Deferred from donating indefinitely
Europe and Saudi Arabia from 1980 – present for greater than 5-years (cumulative)	Deferred from donating indefinitely
North of Seoul, Korea (the 37.7 th parallel) for less than 5-years (cumulative)	Deferred for 2-years following return
North of Seoul, Korea (the 37.7 th parallel) for more than 5-years (cumulative)	Deferred for 3-years following return
Kuwait	There is no deferral for this travel
Qatar	There is no deferral for this travel

MEDICAL AND OTHER RESTRICTIONS

Condition	Donation Restriction
Tattoos	<ul style="list-style-type: none"> ■ State dependent – If state is not listed below, then 12-month deferral ■ Acceptable (7-days): AL, AK, AR, AZ, CO, DE, HI, IA, IL, IN, KS, KY, LA, ME, MS, MO, MT, NC, NE, NJ, OH, OR, RI, SC, SD, TN, TX, VT, VA, WV, WI, WA
Body Piercing	<ul style="list-style-type: none"> ■ Any body part pierced within the past 12 months. Ear piercing with a sterile, one-time use needle is acceptable.
Cold/Antibiotics	<ul style="list-style-type: none"> ■ Within the past 72-hours
Donated Blood	<ul style="list-style-type: none"> ■ Within the past 16-weeks
Medical Conditions	<ul style="list-style-type: none"> ■ Heart, liver, kidney disease, cancer, HIV, hepatitis ■ Heat injuries - 1-year from last episode ■ Musculoskeletal injuries - defer until no longer on crutches
Immunizations	<ul style="list-style-type: none"> ■ Small Pox within the past 3-weeks (21 days) ■ MMR or Rubella within the past 4-weeks ■ Yellow Fever within the past 2-weeks ■ Adenovirus within the past 4-weeks ■ Other immunizations within the past 4-weeks
Dental Work	<ul style="list-style-type: none"> ■ Cleaning within 24-hours ■ Extractions within 72-hours
Pregnancy	<ul style="list-style-type: none"> ■ Within the past 6-weeks
Weight	<ul style="list-style-type: none"> ■ Less than 110 pounds

- Bring a list of immunizations and dates

ASBP